

Vision, MISSION AND GUIDING Values

Contact Us



Métis Addictions
Council of
Saskatchewan Inc.

Vision

MACSI values our Métis heritage, embraces our future and envisions a world for all people free of the harmful effects of addictions.

Mission

Our mission is to empower individuals to make healthy choices in our communities through a continuum of addictions services, including education, treatment and aftercare to restore a balanced, harmonious, productive lifestyle.

Guiding Values

- ✓ Client-Centred Practice
- ✓ Family Sensitive
- ✓ Holistic View of Health
- ✓ Respect
- ✓ Continuous Learning
- ✓ Partnership
- ✓ Evaluation and Accountability



Saskatoon Treatment Centre

335 Avenue G South
Saskatoon, SK S7M 1V2
In Saskatoon: 306-652-8951
Toll Free: 1-877-652-8951
Fax: 306-665-0703
Email: saskatoonmacsi@sasktel.net

MACSI Locations

Prince Albert Centre
334-19th Street East
Prince Albert, SK S6V 1J7
306-953-8250
Toll Free: 1-866-722-2155
Fax: 306-953-8263
pamacsi@shaw.ca

Regina Centre
329 College Avenue East
Regina, SK S4N 0V9
306-522-3681
Toll Free: 1-866-815-6515
Fax: 306-347-7902
reginamacsi@accesscomm.ca

Core Office
1-2220 Northridge Drive
Saskatoon, SK S7L 6X8
306-651-3021
Toll Free: 1-800-236-5204
Fax: 306-651-2639
macsioffice@shaw.ca

If you, or someone you know, is seeking help for substance addictions, call MACSI for more information. Our services are covered by Saskatchewan Health and offer a private and safe place to begin the journey to recovery.

Visit the **MACSI Website**

www.macsi.ca

A New Beginning



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PROGRAMS AND *Services*

MACSI's programs are unique. They are informed by Métis heritage, traditional Aboriginal teachings, the 12 step recovery model, Saskatchewan's Clinical Principles for Alcohol and Drug Services, research findings and emerging trends in the field of substance addictions. Programs are holistic and designed to support Métis, First Nations and Non Aboriginal people seeking recovery and healing.

MACSI's Saskatoon Centre offers individualized treatment, hope and empowerment through Inpatient Treatment, Outpatient Services, Day Program and community based Field Services for youth. Counsellors work with individuals and families to find the service and support that fits best.

Inpatient Treatment

Inpatient Treatment is a 28-day residential option for adults. Inpatient services provide an abstinence-based healing environment where individuals can focus on recovery from substance addictions. Individuals participate in holistic programming, therapeutic group workshops, one to one counselling, educational sessions, self-help meetings, cultural teachings,

recreational programming and more. The supportive and structured environment of inpatient treatment fosters a return to a healthier life.

There may be times when a longer treatment stay is needed. When available, additional recovery-focussed and flexible support is provided to meet a range of more complex and unique needs.

Outpatient Services

Many people find a good fit for their needs through Outpatient Services. Outpatient counselling is a helpful approach for those in all stages of recovery as the counsellor can provide addiction screening, assessment, pre-treatment readiness counselling, relapse prevention, after care counselling and community referrals. Outpatient counselling is an effective way for community members to explore how substance addictions may influence their spiritual, mental, emotional and physical well-being. Through outpatient services they will gain the support and tools needed to guide their path to recovery.

Field Services

Through Field Services, MACSI offers holistic, flexible support and promotes principles of harm reduction. Field Services are offered at each MACSI location. In Saskatoon, the Field Educator reaches out to youth and their families in a variety of community settings. Individual counselling and group workshops are commonly delivered in partnership with other agencies. Field Educators are available for presentations to youth and adult audiences.

Day Program

Day Program offers a flexible, drop-in, harm reduction approach to recovery and well being. Individual counselling is offered Monday -Friday mornings while each afternoon from 1:00 pm—4:00 pm, participants attend an educational and supportive group workshop. Topics covered in the six week program are addictions basics, relapse, grief, relationships, historic trauma and social learning.

Call MACSI Saskatoon Treatment Centre to learn more about our services and supports.

