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Toll Free: 1-866-815-6515 Fax: 306-347-7902

Email: regina@macsi.ca

MACSI Locations

Prince Albert Centre 334-19th Street East Prince Albert, SK S6V 1J7 306-953-8250 Toll Free: 1-866-722-2155 Fax: 306-953-8261 princealbert@macsi.ca

Saskatoon Centre 335 Avenue G South Saskatoon, SK S7M 1V2 306-652-8951 Toll Free: 1-877-652-8951 Fax: 306-665-0703 saskatoon@macsi.ca

Core Office 1-2220 Northridge Drive Saskatoon, SK S7L 6X8 306-651-3021 Toll Free: 1-800-236-5204

Fax: 306-651-2639

www.macsi.ca

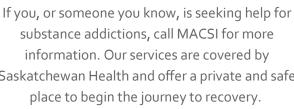
substance addictions, call MACSI for more information. Our services are covered by Saskatchewan Health and offer a private and safe place to begin the journey to recovery.

Find us on social media:













Vision

MACSI values our Métis heritage, embraces our future and envisions a world for all people free of the harmful effects of addictions.

Mission

Our mission is to empower individuals to make healthy choices in our communities through a continuum of addictions services, including education, treatment and aftercare to restore a balanced, harmonious, productive lifestyle.

Guiding Values

- ✓ Client-Centred Practice
- √ Family Sensitive
- ✓ Holistic View of Health
- ✓ Continuous Learning
- ✓ Respect
- ✓ Partnership
- ✓ Evaluation and Accountability





Regina Centre

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PROGRAMS AND Services

MACSI's programs are unique. They are informed by Métis heritage, traditional Aboriginal teachings, the 12 step recovery model, Saskatchewan's Clinical Principles for Alcohol and Drug Services, research findings and emerging trends in the field of substance addictions. Programs are holistic and designed to support Métis, First Nations and Non Aboriginal people seeking recovery and healing.

MACSI's Regina Centre offers individualized treatment, hope and empowerment through Inpatient Treatment, Outpatient Services, Family Program and community based Field Services for adults. Counsellors work with individuals and families to find the service and support that fits best.

Inpatient Treatment

Inpatient Treatment is a 28-day residential option for adults. Inpatient services provide an abstinence-based healing environment where individuals can focus on recovery from substance addictions. Individuals participate in holistic programming, therapeutic group workshops, one to one counselling, educational sessions, self-help meetings, cultural teachings,

recreational programming and more. The supportive and structured environment of inpatient treatment fosters a return to a healthier life.

There may be times when a longer treatment stay is needed. When available, additional recovery-focussed and flexible support is provided to meet a range of more complex and unique needs.

Outpatient Services

Many people find a good fit for their needs through Outpatient Services. Outpatient counselling is a helpful approach for those in all stages of recovery as the counsellor can provide addiction screening, assessment, pre-treatment readiness counselling, relapse prevention, after care counselling and community referrals. Outpatient counselling is an effective way for community members to explore how substance addictions may influence their spiritual, mental, emotional and physical well-being. Through outpatient services they will gain the support and tools needed to guide their path to recovery.

Aftercare Program

Unique to MACSI Regina Treatment Centre is the Aftercare Program. Road to Recovery offers a safe place to continue your recovery journey.

To Register drop in or call:

MACSI Centre 306-522-3681 or

All Nations Hope 306-924-8424 Ext: 222

(All sessions held at All Nations Hope, 2735 5th Avenue—Red Ribbon Room)

Family Program

Unique to MACSI Regina Treatment Centre is the Family Program. On a case-by-case basis, family members of individuals who are accessing inpatient services are invited to participate in programming. Family members have the opportunity to attend therapeutic group workshops, individual and family counselling as well as other learning activities.

Call MACSI Regina Treatment Centre to learn more about our services and supports.