

# Vision, MISSION AND GUIDING Values

# Contact Us



Métis Addictions  
Council of  
Saskatchewan Inc.

## Vision

MACSI values our Métis heritage, embraces our future and envisions a world for all people free of the harmful effects of addictions.

## Mission

Our mission is to empower individuals to make healthy choices in our communities through a continuum of addictions services, including education, treatment and aftercare to restore a balanced, harmonious, productive lifestyle.

## Guiding Values

- ✓ Client-Centred Practice
- ✓ Family Sensitive
- ✓ Holistic View of Health
- ✓ Respect
- ✓ Continuous Learning
- ✓ Partnership
- ✓ Evaluation and Accountability



## Prince Albert Treatment Centre

334-19th Street East  
Prince Albert, SK S6V 1J7  
In Prince Albert: 306-953-8250  
Toll Free: 1-866-722-2155  
24 Hour Stabilization Line: 306-953-8262  
Fax: 306-953-8261  
Email: princealbert@macsi.ca

## MACSI Locations

Saskatoon Centre  
335 Avenue G South  
Saskatoon, SK S7M 1V2  
306-652-8951  
Toll Free: 1-877-652-8951  
Fax: 306-665-0703  
saskatoon@macsi.ca

Regina Centre  
329 College Avenue East  
Regina, SK S4N 0V9  
306-522-3681  
Toll Free: 1-866-815-6515  
Fax: 306-347-7902  
regina@macsi.ca

Core Office  
1-2220 Northridge Drive  
Saskatoon, SK S7L 6X8  
306-651-3021  
Toll Free: 1-877-652-8951  
Fax: 306-651-2639  
[www.macsi.ca](http://www.macsi.ca)

If you, or someone you know, is seeking help for substance addictions, contact MACSI for more information. Our services are covered by Saskatchewan Health and offer a private and safe place to begin the journey to recovery.

Find us on social media:



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# PROGRAMS AND Services

## Métis Addictions Council of Saskatchewan Inc.



MACSI's programs are unique. They are informed by Métis heritage, traditional Aboriginal teachings, the 12 step recovery model, Saskatchewan's Clinical Principles for Alcohol and Drug Services, research findings and emerging trends in the field of substance addictions. Programs are holistic and designed to support Métis, First Nations and Non Aboriginal people seeking recovery and healing.

MACSI's Prince Albert Centre offers individualized treatment, hope and empowerment through Inpatient Treatment, Stabilization Program, Outpatient Services and community based Field Services for youth and adults. Counsellors work with individuals and families to find the service and support that fits best.

## Inpatient Treatment

Inpatient treatment is a 28-day residential option for adults. Inpatient services provide an abstinence-based healing environment where individuals can focus on recovery from substance addictions. Individuals participate in holistic programming, therapeutic group workshops, one to one counselling, educational sessions, self help meetings, cultural teachings, recreational programming and more. The supportive and structured environment of inpatient treatment fosters a return to a healthier life.

There may be times when a longer treatment stay is needed. When available, additional support is provided to meet more complex needs. This support is short-term, recovery focused and flexible in order to meet unique needs.

## Outpatient Services

Many people find a good fit for their needs through Outpatient Services. Outpatient counselling is a helpful approach for those in all stages of recovery as the counsellor can provide

addiction screening, assessment, pre-treatment readiness counselling, relapse prevention, after care counselling and community referrals. Outpatient counselling is an effective way for community members to explore how substance addictions may influence their spiritual, mental, emotional and physical well-being. Through outpatient services they will gain the support and tools needed to guide their path to recovery.

## Stabilization

**24-hour Line 306-953-8262**

Stabilization is a good option for individuals with complex needs. This support will help establish stability in a safe setting prior to other treatment, when there is risk of relapse or to re-establish healthy living after relapse. Individuals may self refer or be referred by others but must be substance free for 72 hours prior to entry. Participants may stay up to ten days. They will participate in specifically designed group workshops, individual counselling, cultural teachings, recreation and more.

**Call MACSI Prince Albert Treatment Centre to learn more about our services and supports.**

